



Northern Inter-Tribal Health Authority Inc.



COVID-19 Testing Triage Transcript

April 23 2020

Hello is this _____ calling from the NITHA public health unit in Prince Albert.

Our records indicate that you have experienced signs and symptoms compatible with COVID-19, and have a reasonable possible exposure history and may require testing.

Before we continue, can you tell me if you are still having any of the following symptoms:

Do you have symptoms? (check all that apply)

- Fever date: _____ Cough date: _____ Sore Throat date: _____
 Shortness of breath date: _____

Does the patient have these additional signs and symptoms (check all that apply and include dates)?

- Chills Headache Muscle aches Joint pain Vomiting Abdominal pain Diarrhea
 Other, specify: _____

Are you a healthcare worker?

(if yes, role and location)

Have you already been tested? (If yes, who referred you?)

Have you returned from travel?

(If yes, get detailed travel history in terms of departure country and city, dates, any layovers)

Have you been to any recent mass gatherings (>10 people) and were formally notified that someone at that gathering tested positive for COVID-19?

Have you visited any long term care homes, personal care homes, seniors retirement homes or hospitals in the past 2 weeks?

Have you had close contact with any confirmed COVID-19 case while they were symptomatic or a day before they started showing symptoms?

(see definition for close contact here)

If SYMPTOMATIC:

Have you been self-isolating since your exposure (arrival date, mass gathering date, exposure to confirmed case)?

If you are feeling well/feeling OK and do not require immediate medical attention, we request that you be tested at the designated COVID-19 testing centre nearest to you.

The <insert testing location> testing site is open Monday to Sunday, from <insert operation time>. We will forward your name, DOB, HSN, and phone number to the testing centre, and a representative from the testing centre will contact you with a date and time for testing.

In the meantime, we request that you continue to self-isolate. For more information on self-isolation, go to saskatchewan.ca/covid19 (link here) (explain to the caller what self-isolation means). If your test is positive, someone from public health will contact you regarding the next steps and when it will be safe to discontinue self-isolation procedures. More information regarding what it means to self-isolate and how to do that can be found at the COVID-19 specific section of Saskatchewan.ca.

If, in the meantime, you experience sudden worsening of your health, please call 911 or go to the nearest emergency department or health center and notify the responder and/or staff that you have symptoms of COVID-19 and are awaiting testing.

If ASYMPTOMATIC:

Have you been self-isolating since your exposure (arrival date, mass gathering, close or non-close contact with presumptive, confirmed or probable case)?

If you are not having symptoms such as fever, cough, SOB, please continue to self-isolate until you have completed the required 14 days from the last exposure date. This would be the last date of travel (arrive to your location), last confirmed sick contact, or last attended mass gathering.

If it has been more than 14 days since your potential exposure date, you can return to work. Remember to practice physical distancing and proper hand hygiene. If you need any more information, you can go to the COVID-19 section on Saskatchewan.ca for more information.

Do you have any questions?

Adapted with permission from Dr. Boris Hencic, College of Medicine, University of Saskatchewan